Abstract: The present study was undertaken to study the mental health of Garhwali women with reference to different types of deprivations being faced by them. This study is focused on social deprivation whose consequences are manifested in the total personality pattern of Garhwali women. Whiteman & Deutsch (1968) have considered social deprivation as a relative term referring exclusively to specific types of environmental factors. Any environmental factor, according to them, may be considered derivational if that factor is associated with certain social grouping such as SES and race and when the environmental variable under consideration is associated with impaired performance.