

M.Sc. (Traditional Health Sciences)

1 Year Program – Research Only

Program Code: INDCM6.5MSCTHS

Department of Complementary and Alternative Medicine

Faculty of Yoga and Health, School of Indology, DSVV

Overview

The Department of Complementary and Alternative Medicine at Dev Sanskriti Vishwavidyalaya is offering a one-year, research-focused Master of Science (M.Sc.) program in Traditional Health Sciences. This intensive, purely research-oriented program aligns with the National Education Policy (NEP-2020) and offers students a unique opportunity to do research in specific areas related to time-tested traditional health practices. The program focuses on scientific inquiry, evidence-based analysis, and interdisciplinary research in specific areas to bridge the gap between ancient wisdom and modern health sciences.

Program Highlights

- In-depth understanding of specific research areas in indigenous and traditional healing systems
- Possibilities of theoretical / empirical research in traditional therapies
- Integration of traditional health practices with modern research methodologies in specific areas
- Interdisciplinary mentorship from experts in specific areas of traditional health sciences

Program Focus and Possible Research Areas/Topics

The research work in this program shall focus on one or more of the following areas (although a specific student will actually work on a single or a few of these areas):

1. Fundamentals of Traditional Health Systems

- Exploration of specific areas of indigenous and traditional healing sciences like Ayurveda, Yoga, Naturopathy, Marma, Panchakarma, Acupressure
- Philosophical and theoretical frameworks of traditional health practices; textual analysis of related ancient manuscripts
- Systematic reviews and meta-analyses of traditional healing practices
- Comparative study of traditional and modern healthcare approaches for specific cases

2. Evidence-Based Research and Documentation

- Application of qualitative and quantitative research methods in traditional health sciences
- Scientific evaluation of the impact of indigenous and traditional therapeutic techniques like Yoga, Marma, Naturopathy, Acupressure on physiological and psychological health
- Holistic approaches to chronic disease management through traditional interventions

Outcomes from Job Perspective

Students shall develop expertise in their specific area of research related to Traditional Health Sciences, that can prepare them for:

- Doctoral studies (Ph.D.) in Oriental studies, traditional and complementary medicine, or integrative health sciences
- Careers in research and development within the health and wellness industries, traditional and complementary medicine organizations, or government-sponsored health initiatives
- Clinical research opportunities, contributing to evidence-based indigenous and traditional healthcare therapies

Course and Credit Structure

Semester 1

Thesis Phase 1 - 20 Credits

Life Management Course-1 – 2 Credits

Semester 2

Thesis Phase 2 - 20 Credits

Life Management Course-2 – 2 Credits

Total Credits = 44

Life Management – A Value Added Course (VAC) offered by Life Management Department of the University

MOOCs (massive open online courses) will be allowed as per University policy

Selection Criteria:

In-Person Interview on 11 or 12 July 2025

For more information and to apply visit: <https://www.dsvv.ac.in/all-courses-and-programs/>