# M.Sc. / M.A. (Indian Knowledge Systems) (By Research) 1 Year Program – Research Only Program Code: HSHSS6.5MSCIKS / HSHSS6.5MAIKS

Department of Scientific Spirituality, Faculty of Human Values, School of Humanities, Social Sciences and Human Values, DSVV

# **Program Highlights** (possibility of doing research in one or more of the following areas)

- 1. Access to state-of-the-art laboratories, Scriptures and equipment.
- 2. Hands-on experience for conducting research in various segments of Indian Knowledge Systems.
- 3. Integration of traditional ideas of Indian Knowledge Systems with modern research methodologies.
- 4. Interdisciplinary mentorship from experts in Indian Knowledge Systems.

#### Overview

The Department of Scientific Spirituality at Dev Sanskriti Vishwavidyalaya is offering a pioneering one-year program – M.Sc./M.A. (Indian Knowledge Systems) (research only). This intensive, purely research-oriented program aligns with the National Education Policy (NEP-2020) and provides participants an opportunity to do research in various areas of Indian Knowledge Systems.

# **Broad Scope of the Program**

This program provides the opportunity of doing research in one or more of the following broad areas of Indian Knowledge Systems (including, but not limited to):

- Inner Development: Research on various topics related to Mind, Consciousness; other methods that lead to well-being such as meditation, mindfulness, Yoga etc., which come from various schools of thought such as Vedantic, Buddhist, Modern Yogis, Param Pujya Gurudev Pandit Shriram Sharma Acharya, and other contemporary thinkers and philosophers. Various areas including Indian Psychology and Spiritual Psychology can also be included.
- Health and Wellness: Various areas of Ancient and Ayurvedic perspectives of wellness, their procedures and integrations; other traditional remedies such as Yagya, etc., Technological advancements and technological integration in various Ancient Indian Remedies, validation of their effectiveness. Studies on various concepts of Nutrition and usage of Home Remedies etc.
- Leadership and Sustainability: The field of Management Science, which is focused on making a change in the outer world by bringing transformation in the inner world; Theory of Karma Yoga. Engaging in service (Seva) for inner refinement. Sustainability through inner transformation etc.
- Value Education and Technology: Teaching methodologies in Ancient Indian scenario, teaching process, ethics, character building, Teacher Training, understanding of developmental stages and academics as per Western System versus Indian System
- Inner and Outer Harmony through Communication studies, music and arts: Research on Classical arts, Dance and other expressive arts focused on inner development, for refining the mind and soul. Indian English Literature; Spiritual and positive journalism.

Some other related areas may include Arts and Literature, Basic Sciences, Travel and Tourism, Management, Health Sciences, Mental Health and Holistic Well-being, Indology, Meditation, Yogasanas, Mantra chanting, Yagya, Ayurveda, etc. The program also aims to apply modern scientific methods to study the ancient Indian wisdom, along with the study of its implications on an individual, family and society at large.

In addition, the program aspires to incorporate Science, Philosophy and Spirituality that can be considered among the strongest backbones of Indian Culture in contemporary and ancient times.

#### **Research Framework**

Students may engage in empirical and/or theoretical research using extensive literature, scientific papers, Classical Text analysis, Field Studies etc. through different Qualitative, Quantitative and Mixed Methods.

#### Possible Research Areas/Topics

The program aspires to explore the following areas (although a specific student will actually work on a single or a few of these areas):

- Religious Solidarity (Sarvadharma Samanvaya): The concept of universal religion that emphasizes on creating harmony and integration among all religions, peace, reconciliation, etc. can be explored. The research can incorporate rituals, traditions, and ethical principles. Policies, moral values, good conduct, and etiquette aimed at creating virtuous individuals and societies may also be included.
- Cosmic Consciousness and Vast Nature: The exploration of subtle and vast cosmic phenomena, human and divine cosmic awareness, and the mysterious layers of cosmic consciousness can be deeply studied. The aim would be to connect with cosmic consciousness and uncover its divine dimensions.
- **Thought Science**: The principles of psychology and philosophy that pertain to human thinking can be studied. Examining how ideas, faith, and beliefs contribute to determining human character and emotions. This research comes under the domain of thought science. It also includes the psychological study of worship, prayer, and meditation.
- Yagya Science: The scientific application of Yagya, its impact on the body and mind, and its philosophical background may be studied under Yagya Science.
- Other Areas of Research can be (including but not limited to):
  - Sanskrit for Natural Language Processing and other Linguistics
  - Indian systems of Social and Ecological Ethics and Logic.
  - Indian Classical Arts: Performing and Fine Arts.

#### Why Choose This Program?

This program gives an opportunity to do research on Indian Knowledge Systems, to advance the understanding of deep-rooted concepts described in ancient Indian texts. It is meant for individuals seeking to explore the intersection of modern science and ancient wisdom, contributing to transformative guidelines for the present times.

## **Program Structure**

Semester	Major Course	Value Added Course	<b>Total Credits</b>
Semester 1			20+2
	Thesis Phase 1 (0,0,20)	Life Management (LM*) Course-1	
		(0,2,0)	
Semester 2	20 Credits	2 Credits	20+2
	Thesis Phase 2 (0,0,20)	Life Management (LM*) Course-2	
		(0,2,0)	
	40 Credits	4 Credits	40+4 Credits

LM\* - "Life Management" Value Added Course (VAC) offered by Life Management Department of the University

**MOOCs** (massive open online courses) - specific courses shall be recommended as per University policy so that the interested students can get basic understanding of their research field within IKS

#### **Learning Approach**

The students shall gain an understanding of their specific field of research within IKS by working full-time on a pre-decided research project, under the guidance of the respective faculty member who is supervising that project.

#### **Outcomes from Job Perspective**

Graduates will develop an in-depth knowledge of research in a specific field of Indian Knowledge Systems, preparing them for one or more of the following outcomes:

#### 1. Doctoral Studies (Ph.D.)

Students can pursue advanced studies in their field of research within IKS undertaken during this program.

#### 2. Careers in Research and Development

Opportunities include working in R&D careers related to their field of research within IKS undertaken during this program.

#### 3. Cultural and Social Leadership Roles

Students can work in interfaith dialogue, ethics consulting, policy-making, or NGO program coordination.

#### Eligibility Criteria

The eligibility criteria for this 1-year/2-semester PG program, at level 6.5 on the NHEQF, are:

- 4 year bachelor's degree with Honours or Honours with Research with a minimum of 160 credits, in any field of study (passed with minimum 50% marks), or
- 4 or more years professional bachelor's degree such as B.Tech., B.E., M.B.B.S., B.N.Y.S., B.A.M.S., or any other professional degree, having equivalent to 160 credits as per National Credit Framework (NCrF - UGC Guidelines, April 2023) (passed with minimum 50% marks), or
- Master's degree, at level 6.5 on the NHEQF, in any field of study (passed with minimum 50% marks)

• Age limit - 30 years [a relaxation of up to 10 years in age (i.e. up to the age of 40 years) may be given to those who have constantly been in some occupation, and can provide a proof of constantly being in job that made it difficult for them to apply earlier]

# **Important Dates:**

- June: Application submission period
- July: Application review process
- July 11 / 12: In-person Interview
- July 14: Interview Result
- July 15 18: Offline Admission Process
- July 21: Gyan Deeksha
- July 25: Start of Session