

M.A. Indigenous and Traditional Therapies
[Program Code: INDCM6.5MAITT]
&
M.Sc. Indigenous and Traditional Therapies
[Program Code: INDCM6.5MSCITT]

Duration: 2 Years (full time)

Department of Complementary and Alternative Medicine

Faculty of Yoga and Health, School of Indology

Overview:

The Master's Program in Indigenous and Traditional Therapies offers an exploration of age-old healing practices of Indian origin that have been integral to the health and well-being of communities. It recognizes the invaluable contributions of indigenous and traditional healing systems to holistic healthcare, offering a space to study the same. In addition to this, during the program the student is taught the concepts of ancient medical sciences and therapies, for the management and prevention of various lifestyle related ailments.

Vision:

This program has the vision of producing traditional healing professionals, trained in various indigenous and traditional therapies on Indian origin. They are supposed to acquire the ability to select specific safe practice modules for different diseases, as well as conduct research on traditional therapies and contribute to academic and clinical advancements.

Program Highlights:

1. Understanding of indigenous and traditional healing systems of Indian origin
2. Emphasis on hands-on learning
3. Practical skills in indigenous and traditional therapies like Yog, Naturopathy, Panchakarma, Marma therapy, Acupressure, etc.
4. Flexibility to choose between research-focused or practical training options in the final year
5. Interdisciplinary mentorship from experts

Outcomes from Job Perspective:

Key Career Opportunities after completion of the program -

- Holistic Wellness Consultant
- Yoga Therapist/Instructor
- Naturopathy Consultant
- Acupressure Therapist
- Marma Therapist
- Panchakarma Technician
- Therapeutic Dietitian
- Corporate Wellness Trainer
- Clinical Researcher
- Doctoral studies (Ph.D.) in Oriental studies, Traditional medicine or Integrative health sciences

Selection Criteria:

Written Examination followed by Interview

For more information and to apply visit: <https://www.dsvv.ac.in/all-courses-and-programs/>