www.dsvv.ac.in

RENAISSANCE

APRIL - JUNE, 2021

e-newsletter





02



Adopting Holistic Therapeutic Approach is the Need of the Hour

03

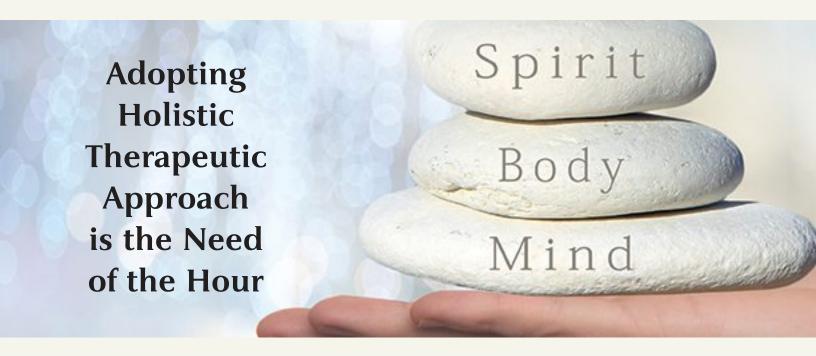


50 years of Gayatri Teerth Shantikunj

06



Ghar Ghar Kumbh Ghar Ghar Haridwar



From the last two years the whole world is struggling against the COVID-19 pandemic. Millions of people have lost their lives and millions more are struggling against it right now. Various vaccines have been developed to fight against this pandemic. Vaccination drives are in full swing across the globe. The credit for all this undoubtedly goes to our scientists, doctors and frontline health warriors. They, of course, deserve lots of appreciation and respect. But the question arises: is vaccination alone enough to fight against the pandemic? The answer is absolutely a big no. Is it rational to depend on a single system of medicine or we should avail ourselves of all the available systems of medicine? This is a million dollar question before us today. Allopathic versus Ayurvedic has been the fiercely debated issue in the media for the last few days. Undoubtedly we need to avail ourselves of all the systems of therapies so that we could gain holistic health. Holistic health demands a holistic lifestyle and holistic therapeutic approach as well.

Ayurveda, Unani, Homoeopathy, Siddha, Naturopathy, Yoga, and Allopath are the different

systems of healing. Each system has its advantages and limitations. Hence, instead of focusing merely on one or two systems we need to develop a combined system of therapy including Allopath, Ayurveda, Naturopathy, and Yoga together, which could prove much more effective in curing COVID-19 pandemic and other diseases as well. Each therapy could prove complementary and supplementary to the other one.

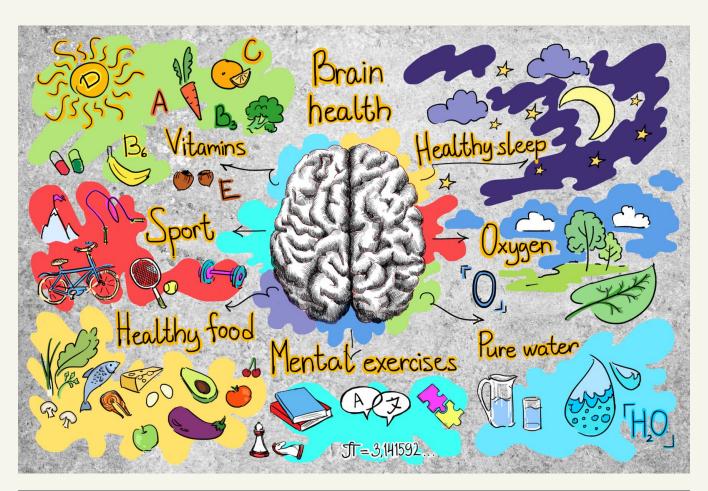
The Allopath is based on symptomatic treatments and critical care of the patients. Ayurveda works on finding and uprooting the root cause of diseases, whereas Naturopathy works on the principle of curing diseases by detoxifying the body through natural elements like earth, water, air, fire (Sun), and ether (Sky). Ayurveda and Naturopathy have immense preventive, curative, anti aging, and immunity modulating potential. Yogic kriyas such as Kunjal, Nauli, Dhouti and Laghushankha Prakshalan- very effectively detoxify the body. The practice of Pranayamas purifies the nadis and increases the vitality and immunity of the individual whereas the practice of meditation purifies the unconscious mind wherein lies buried the

EDITORIAL

impressions of past karmas, guilt feelings, inferiority complexes, etc. Yoga works on mindbody and spirit together, thereby possessing the way for holistic health. Beyond its immediate impact on physical health, the COVID-19 pandemic has also caused psychological suffering and mental health problems, including depression and anxiety. This has highlighted the urgent need to address the mental health dimension of the pandemic, in addition to the physical health aspects. Here yoga opens its door to curb all these problems. A growing trend of people around the world embracing yoga to stay healthy and rejuvenated and to fight social isolation and depression has been witnessed during the pandemic. Yoga is also playing a significant role in the psycho-social care and rehabilitation of COVID-19 patients in quarantine and isolation. It is particularly helpful in allaying their fears and anxiety. The frontline health warriors have benefited themselves from yoga in their overall wellbeing during the pandemic.

On the other hand the various researches reveal that the use of medicinal plants like Adusa, Motha, Giloya, Lisora, Kalmegh, Kuchla, Sihund, and Sadabahar, together could be much more effective in curing COVID-19 as they act not only as the immunity booster and the nerve tonic but also remove the side effects of any particular medicines. In this way healing could be very fast and effective as well. This combination would be effective in curing various kidney, liver, heart, and lungs related disorders as well.

Hence, needless to say that adapting a holistic lifestyle and holistic therapeutic approach is equally important. It indeed, is the need of the hour.



TRANSFORMATION

Release of postage stamps to commemorate 50 years of Shantikunj. This year, Shantikunj is celebrating its 50th year and to celebrate this on the pious occasion of Gayatri Jayanti, the representative of Government of India, Shri Ravi Shankar Prasad (Union Minister of Law and Justice) inaugurated the 5 Rs stamp. The All World Gayatri Pariwar (AWGP) is working to blend science with spirituality with the Tapa of Pt. Shri Ram Sharma Acharya Ji. It was his "Mahaprayan Diwas".

The online event was presided by Honorable Pranav Pandya (Chancellor, DSVV), Honorable Shrimati Shailbala Pandya Ji, Shri Tirath Singh Rawat (CM, Uttarakhand), Respected Chinmay Pandya (Pro Vice Chancellor), Shri Sharad Pardhy (Vice Chancellor), Shri Baldau Dewangan (Registrar) and officials from Postal Departments. Shri Ravi Shankar applauded the activities of DSVV, Shantikunj and Gayatri Pariwar.





DEPARTMENT'S DIARY

Webinar on "Vasudhaiva Kutumbakam" with ICPR

A webinar was organized by the Scientific Spirituality department in association with Indian Council of Philosophical Research on the theme "Vasudhaiva Kutumbakam" which means the whole world is united and people are one. More than 100 participants joined the webinar. The webinar was inaugurated by DSVV's Vice Chancellor Shri Sharad Pardhy emphasizing the ancient education and philosophy and their uniqueness. As an expert to the webinar, Director to Academic Sanskrit Promotion Foundation, Professor Chand Kiran Saluja also emphasized on the ancient style of teaching and kept the importance of philosophy of veda, scriptures in present context. Professor Harishanker Upadhaya of Allahabad University, emphasized on 'Ek Bharat Shreshtha Bharat' and laid emphasis on the philosophy behind the family as a unit. Besides this, the Dean of School of Humanities, Social Sciences and Foundation course, Dr. Krishna Jhare explained the relevance of values in human life and how one survives with it. Concluding the webinar, Professor Sushim Dubey of Nav Nalanda Mahavihar Sam Vishwavidyalaya (Cultural Ministry, Indian Government) explained 'sat, raj, tam', its relevance, and answered the queries of the participants. Dr. Piyush Trivedi, HOD Scientific Spirituality Department thanked the participants. Dr. Snehlata Pathak, Dr. Arti Kaiwarth, Shrikant Gupta were present in the webinar from DSVV.









'Ghar Ghar Kumbh Ghar Ghar Haridwar'

The campaign of 'Ghar Ghar Kumbh Ghar Ghar Haridwar' is very successful besides distribution of Dev Sthapana and spreading awareness about Covid-19. From DSVV, Nand Kishor Panday has conducted various programs including deep yagya, and havan. He has conducted programs in more than 100 houses. The most commendable was when a Muslim teacher participated in deep yagya. He was immensely impressed by the teachings of Gurudev and the concept of humanity by Gurudev. Thus, Amir Khan along with his family gave their acceptance for Dev Sthapana.



ACHIEVEMENTS

All World Gayatri Pariwar and Dev Sanskriti serves in Pandemic

- COVID isolation centers established in Shantikunj Ashram and DSVV.
- Shantikunj is in process of setting up a high dependency unit for COVID patients.
- Uncountable Gayatri Pariwar centres offered their premises to local administration for setting up COVID care facilities.
- Gayatri Pariwar of Ujjain donated their school to make it a Covid center. The members of Gayatri Pariwar wholeheartedly are working for humanity.
- Gayatri Pariwar members of Barmer donated Rs. 5 lakh to local administration supplement the medicines at the government hospital.
- DSVV has started the 'meal service' to the needy who are living nearby the campus and are unable to cook the food themselves due to Covid-19.
- Shantikuni has started a free ambulance service for the people.
- For cleansing the environment and to protect the world from Covid19, Gayatri Pariwar sadhaks are performing Gayatri Yagya. In a
 district, more than 254 members perform yagya with 3200 aahuti.
 Besides this, more than 112 members are performing online yagya.
 The members of Gayatri Pariwar with spiritual and other practices are
 trying to keep people positive so that they can create a positive
 environment around.
- Gayatri Pariwar of Dubai has sent oxygen concentrators to Shantikuni, Haridwar.
- Dev Sanskriti Vishwavidyalaya students are providing economical help to the people in Hyderabad. The students provided essential commodities to the Covid-19 warriors and to people who are continuously working in the pandemic. In addition, Shivam Mishra with his team is distributing food to the needy. DSVV students in a group helped a family and saved the life of a 18 year old girl who was admitted in the hospital.
- Alex from Lithuania donated more than half of his savings for the noble cause of saving the lives of people, protecting the needy and helping others.
- Gayatri Pariwar Tata Nagar is providing ambulance and food services to 24 villages. Nav Yug Dal is also promoting blood donation and other social services.



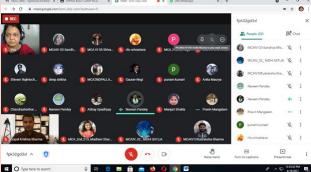




Webinar on Artificial Intelligence by Prof. Neel Mani

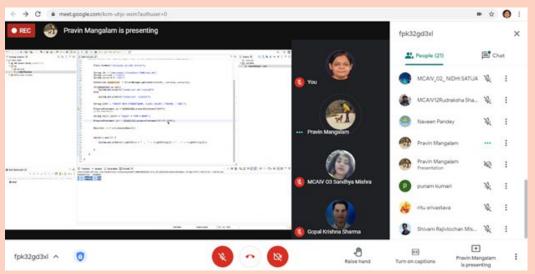
The Department of Computer Science hosted a webinar on Artificial Intelligence on 10 April 2021.Dr. Neel Mani, Associate Professor at Amity University's Amity Institute of Technology, held a talk on Artificial Intelligence and AI Systems. All students of the department participated in the webinar and obtained knowledge about the burgeoning topic of Artificial Intelligence. The program was coordinated by Dr. Gopal Krishna Sharma. Dr.Rajeshwari Trivedi extended his heartfelt appreciation to Dr. Neel Mani for sharing his skills and knowledge.





A Two Weekend Spring Boot Camp by Pravin Mangalam

The Department of Computer Science hosted two-weekend workshops particularly for MCA students on Spring Boot Camp. Mr. Praveen Mangalam, a department alumnus from Broadcom, Hyderabad, instructed pupils in a creative manner as a Java expert. Students received extensive knowledge of Java through the use of the spring boot framework throughout this class. Additionally, they developed other projects during the program.

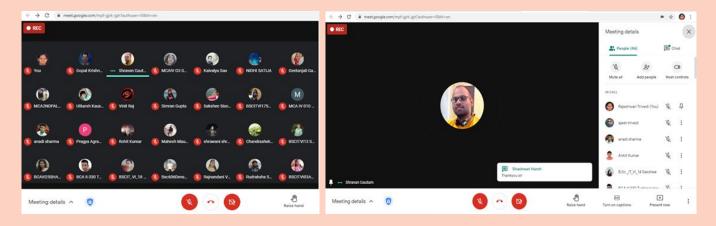




RENAISSANCE e-newsletter APRIL - JUNE, 2021

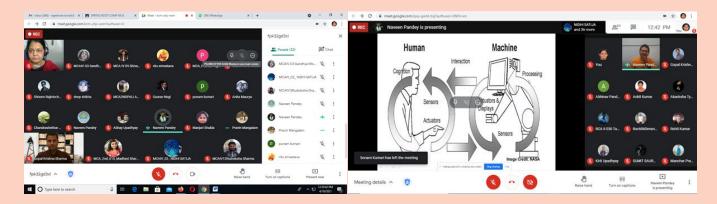
A Weekend workshop on WordPress by Mr. Shravan Gautam

The Department of Computer Science held a workshop on handy tips with WordPress as part of a series of weekend workshops. Mr. Shravan Gautam from Shantikunj's IT Cell educated students about the platform by showcasing numerous functions. The session attracted over 90 students from the BCA, B.Sc. IT, and MCA programs. Dr. Naveen Pandey served as the session's coordinator.



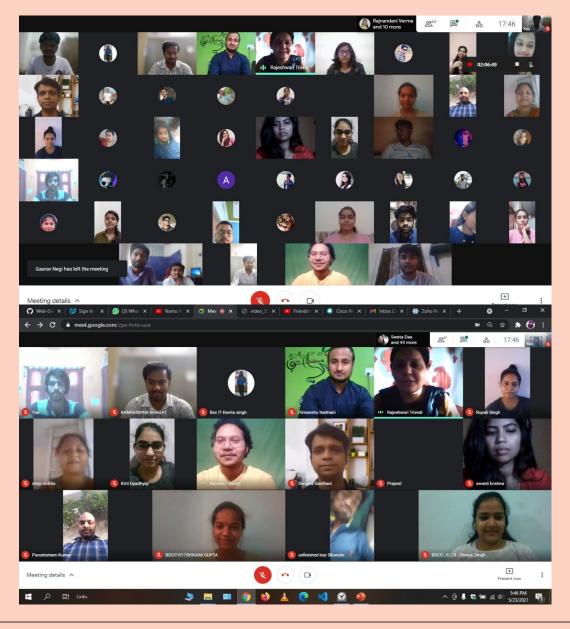
A Weekend workshop on health awareness tips amidst Covid 19 scenario by Dr. Naveen Pandey

On 24th April 2021, the Department of Computer Science hosted a weekend workshop. During Covid 19, Dr. Naveen Pandey, Assistant Professor in the Department of Computer Science, held a spoke on health awareness. He provided numerous simple and pertinent strategies that students can use to manage their routines and stay stress-free during this vital time. Students were also motivated by Dr. Gopal Krishna Sharma and Dr. Rajeshwari Trivedi.



Online Farewell of B.Sc. IT, BCA, and MCA students.

Students in the Department of Computer Science hosted an online farewell for their seniors. Junior students of the various courses of the department enthusiastically implemented the program. The program began with the recitation of the Guru mantra and illumination of the lamp. Students presented a documentary highlighting their seniors' interactions with the department and stay at the university. Senior students discussed the department and university from different vantage points. Additionally, junior students developed a virtual game for senior students about the DSVV campus. Finally, students were addressed by Mr. Swapnil Gaidhani, Dr. Naveen Pandeyand Dr. Rajeshwari Trivedi (Head of Department). They wished all of them success in their future undertakings.



CELEBRATIONS

Students selection in UNTO

The students of the Tourism Department of BBA and MBA courses got selected by the United Nations World Tourism Organization to participate in the students' league. This Organization is associated with tourism and hospitality around the globe. Besides this, it promotes the activities of Tourism around the world. About 1000 teams from the world participated in which two teams of DSVV got selected. Both the teams were creative, as they made videos on the popular issues of the world. In July, the contest would be held with a live session, problem solving and many creative segments would be visualized. The BBA team is working on plastic pollution and the MBA team is working on Village Development and Tourism. The team was congratulated by Respected Pro Vice Chancellor Sir- Dr. Chinmay Pandya.



CELEBRATIONS

Plantation at DSVV on Environment Day





International Yoga Day celebration

International Yoga Day was celebrated at DSVV where many online national competitions were organized. The theme was "Ghar Ghar Pahuche Pragya Yog Apna Desh Bane Nirog". The competitions were yoga asanas, posters on yoga, essay writing, drawing, speech, rangoli, poetry and slogan writing. More than 800 participants participated.



STUDENT CORNER



Online Education World

• Pankil Tyagi (3rd Semester, BAJMC)

India's growing steps towards an online education system. The whole world knows that Covid-19 is a global pandemic due to which not only human society but also everything connected with human society- animals, birds, trees etc. are also suffering from the outbreak of this pandemic. Covid-19 is a curse for human society due to which our lives have been deeply affected. There have been a lot of changes in our way of life and daily activities. If we talk about the environment, it has gained a lot in our pastoral world. Nature has received a boon like Covid-19 as if it is nature's rebirth. The global epidemic has had a profound impact on the education of students. At this time, the future of India's children is seen on such a surface from where their education is seen standing in the dock of darkness. Due to the pandemic, orders have been issued to close schools, colleges, universities and all the education centers due to which the current

education of children is postponed. But according to the untiring efforts and systematic schemes of the Government of India, important steps have been taken for the education of children. The government has paved the way for an online education system so that children's future is not spoiled. Orders have been issued from primary education level to schools, colleges and universities for providing education to children through online education so that students do not postpone their studies this semester. The future of children should not go into darkness. More steps are being taken to make the citizens of India self-reliant through online education so that India can become a strong and educated country. Even during this pandemic, India is guiding everyone while planting unity and integrity. India has been warning everyone that due to this global pandemic, we cannot put the future of our country's children at stake. For this, the Government of India has

STUDENT CORNER

prepared a hierarchical scheme to prevent children's loss of studies. Changes have been made in the field of education which is an important step for the children of India. The Government of India has taken a commendable initiative by changing the education system. The citizens of India have been given a new energy power by lightening the burden of books from children's heads and making children aware of the new education policy.

Some important problems faced in the online education system -

We all heartily welcome the decision of the Government of India for online education, but we should also turn our attention to the states of India where the residents are still not aware of the world of education, where there is still a lack of education due to which online education methods cannot be developed. There are still some villages in India where the people are not economically strong and cannot provide their children with online education methods. There are some places where there is no networking arrangement yet. Due to which children may not get the opportunity to get online education. Sometimes, they do not attend the online class due to network problems.

A look at the importance of the online education world-

For a long time children's education has been stalled due to which children are not studying continuously. Hence online education is giving a real shape to the future of the children of India at this time. India is slowly moving towards self-sufficiency. The future of children can be made brighter with online education. At this time, no one knows how long will we have to face this global pandemic, how long will we sit in our homes scared or say how long is our future at stake? This is why the Government of India has done a commendable job by bringing the online education system. Through online education, children will be able to do their studies by staying safe at home. In this way, there will be safety of

children and social distance will also be fully followed. Online education will also save children's time and will also save money as well. It is said that the future of the country creates future generations. In simple words, the future of the country lies in the hands of the youth power. Youth power is the backbone of the future of the country in the hands of youth energy. If the youth power of the country is not educated, then how is it possible to operate the country in a systematic manner? How will the country move on the path of progress? The online education system is an attempt to take steps towards a new energy, new direction for the children of India. We all stand together on the strength of our spirits while fighting the global epidemic. The country must unite and develop the online education system, as well as respect this decision. With India's growing steps towards an online education system, we all have to move forward step by step. We should present our ideas to the Government of India to enable the online education system to develop further in a robust manner. So that all of us together can contribute in shaping the future of the country to realize the dream of making the country self-reliant. We have to face many hurdles to adopt an online education system. But, we all have to stay steadfast. Everyone has to show that the Indians are selfsufficient even at the time of this global pandemic.





Passing it in the last attempt - Mr. Senthil Avoodai K Raj S (IPS)

About your visit to Dev Sanskriti Vishwavidyalaya?

I Feel really good to be here, 150 million people are connected with the Gayatri Pariwar and I feel fortunate to come here. This is a very good initiative which you have started for the CIVIL Services aspirants. I am thankful to Dev Sanskriti Vishwavidyalaya for inviting me to share my views here. I hope it can motivate some of the aspirants to be good officers and then serve our nation.



What is your success story (Safalta Ki Kahani)?

The prime reason behind a person's success is his parents. Then a guru plays an important role in his success. Also, god's grace and the blessings of ancestors plays a crucial role in this journey.

What is the role of guardians, friends and society while the aspirant appears for UPSC?

See, UPSC exam is not a fast-food type of thing. It's a lengthy procedure so one requires a lot of patience. It's a procedure of around 1 and a half years, so great amount of patience is needed. If the determination of the aspirant is strong and he has parents' support as well, then it gives a positive approach to him. He should be living in a positive atmosphere, so that if he feels at any point of life, that he is not able to face that thing, then this support only pushes him to go through it. Some aspirants clear in one attempt, some in second and some struggle till last attempt. So, one needs to wait for some time. When we face failure, then the family and friends motivates and support to again push us through the entire process. So, this support is really very important.

Secondly, this support works, when we have self-belief and confidence in ourselves that I will get through it. Whatever happens, I am in this process and I will get through it definitely. So, if we are working towards that goal with a positive support from our surroundings, we will definitely go through it.

Failures and challenges demotivate the aspirant. Please share your journey regarding the same.

See, as I mentioned above, this civil service exam is not an instant topic. The job is as challenging as the selection procedure. So, when we go through the process of selection procedure, definitely there will be many adverse situations. But, if one has self-motivation and determination to accomplish it, then it can take you through.

When I was writing my pre exams, which is called C-SAT now-a-days, in the first 5 attempts I failed. Then everyone suggested me to leave because I was married by that time and my first son was born. I was in a good job, I was working as a Senior Engineer in BHEL, good salary, well settled. All my colleagues suggested me to leave it, as I was married and had a kid at that time, also I was getting promotions. If you're failing after 5 attempts, then it's not your cup of tea. But, I did not take it to the heart. My wife and teachers had belief in me.

They had faith that I will definitely clear it. So, when I passed preliminary exam in 6th attempt, I immediately cleared mains, but interview, I couldn't get through. So this was my last attempt, and due to some personal reasons, I took an year's break, then I appeared again. Now, 7th attempt, is the last attempt. You will know the nervousness I had. It was Sunday, I did a great performance. On Monday evening, I received a letter which said that due to some reasons, the preliminary of public administration (my subject) is cancelled. The exam will be conducted again. So, again nervousness increased. I thought already I am weak in prelims and now one month again I have to prepare for public administration. So, I prepared for it again for prelims. I cleared the prelims. Then I went for mains, during that period I fell ill, I was diagnosed with chikungunya fever. During exam in Chennai, for 1 whole week, due to chikungunya, I couldn't focus on studies. There was a gap of around 20 days for public administration exam. In last attempt, I cleared this exam. And, finally I became an IPS officer. See, a person is working hard 7-8 years for an exam, definitely there will be ups and downs, but there are 2 things I would like to mention, we should have a belief. Plus, I would like to give a quote from Tirukku a (Tamil Text), in which Thiruvalluvar has told, "Even if a thing, which can be done by god, if you put true effort to it, you will get the benefit of it." I would like to clear, there is no work that a god can't do but if there are true efforts of yours in it, then you will definitely get it's fruit. Keeping this in mind, whatever adverse condition comes, you can take a rest but never quit.

You have worked in various fields successfully, what was motivating you to still strive towards the services?

I am a 4th generation police officer from my family. All my relatives are doctors and engineers. They always said that I will become an IPS, after clearing civil services. My cousin brother is a paediatrician, he said I will definitely become an IPS because I only deserve to wear uniform in the family.

People have a false impression, like if it's a commerce student, he will not be able to do it. I wanted to break that barrier. That, if we do efforts, then we can eventually achieve it. As, you asked about my Tata motors interview. So, in that interview, the only answer I gave was- "Sorry Sir, I don't know", throughout the interview for 40 minutes. Finally, when the panel asked me to choose a subject that I knew, on which they could ask something, then I told them and answered their questions on the subject of my choice. Everyone remarked, that I should have answered at least something. To this, I replied that, if I don't know about it, I won't commit it. Eventually, I got selected in that interview, just because I did not lie and they appreciated my perseverance and me being true to myself. It's with UPSC as well, whatever we know, we should be able to express, and whatever we are explaining we should stay firm on it.

Students often ask about study patterns and how to decide what to study and what to skip?

Every exam is a strategy. No doubt, it demands knowledge, but the strategy is what will get you success. First things first, discover your productive self. Keep in mind the frequency of changing patterns and subjects. For subjects like history, geography, economics, constitution, science and technology, and current events. One must know what they are good at. For example, I was better at modern India than ancient and medieval India. Public administration, however, was one of my interests. We first need to study our weaknesses. Practice questions from each of the subjects and monitor your progress regularly.

For the Mains go through the syllabus thoroughly. The UPSC examination prefers originality above the



degree of knowledge that you possess. You must understand the concepts clearly. There will always be somebody with a higher degree of education than you. Now he may score better in writing a factual answer, but analytical is about a better point of view.

Henri Fayol developed a theory of administration 'Esprit De Corps' means Union is strength. Max Weber, however, had his impersonality theory. So, I got a question: Esprit De Corps and Max Weber's impersonality theory are contradictory. My answer was more focused on the demand of time. When in the 17th-century things were evolving, the need for hierarchy development was best suited in Weber's impersonality theory. Gradually, with time the need to work as a team showed up. Also, Weber's theory can work with Fayol's Esprit De Corps. They do not contradict. That was an analytical question where opinion and your point of view matters.

Another question was: Good governance and democracy are contradicting each other. I may be absent when they taught that in school because everyone from my batch agreed that there is a contradiction. But if good governance is not in democracy then where is it to be found? To conclude, an analytical response is well received and plays a crucial role in the UPSC exam. Your opportunity is the type of question you choose to answer in your exam.

Kindly address the concerns related to memorizing the syllabus and the NCERT textbooks.

NCERT is a good option for concept building. Though, try your best not to memorize things. Only after your topics are clear it is safe to move to the books recommended for the exam. Practice is the key. At least fifty questions a day should be good. Write, analyse and practice.

Note- The above excerpts are from an interview with SSP, Haridwar- Mr. Senthil Avoodai K Raj S (IPS) The interview was done in Dev Sanskriti Vishwavidyalaya, Haridwar for the University's weekly seminar for UPSC aspirant "Safalta Ki Kahaniya"



Dev Sanskriti Vishwavidyalaya Introduces "Dev Sanskriti Alumni Association".

Register Here: www.dsvv.ac.in/alumni/





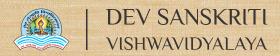
"Khadi stands for simplicity, not shoddiness. Khadi delivers the poor from the bonds of the rich and creates a moral and spiritual bond between the classes and the masses. It restores to the poor somewhat of what the rich have taken from them",

"Mahatma Gandhi"



Our Key Products:

Dress Materials, Carpets, Shawls, Pooja Aasanas, Foot Mats, Kurta, Stoles etc.



Gayatrikunj, Shantikunj,
Haridwar - 249411 (Uttarakhand)
www.dsvv.ac.in





Over 20,000 mt. of Cloth Production



Over 1,000 mt. of Shawl Production



Over 70 candidates trained in last guarter

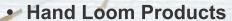
Handmade Products

CENTER FOR RECYCLING & HANDMADE PRODUCT

(Self Employment Center)

पुनर्चक्रण एवं हस्त निर्मित उत्पाद केन्द्र (स्वावलम्बन केन्द्र)





Hand Made Paper

Jute Produts

Yugnirmani Yellow Bags

Sented Sticks

Kniting Center

Screen Printing

Paper Conversion

Telghani

Dari & Carpet

Panchgavya Products

(हथकरघा उत्पाद)

(हस्त निर्मित कागज)

(जूट उत्पाद)

(युगनिर्माणी पीला झोला)

(अगरबत्ती)

(हॉजरी)

(स्क्रीन प्रिंटिंग)

(हस्त निर्मित कागज उत्पाद)

(तेलघानी)

(दरी एवं कालीन)

(पंचगव्य उत्पाद)



File Covers/Folders



Carry Bags





Wedding cards



Eco friendly handmade paper | Gayatrikunj, Shantikunj, Haridwar 249411 (Uttarakhand).



There is need for an educational institution which could mould its students into noble and enlightened human beings: selfless, warm-hearted, compassionate and kind.

-Acharya Pt. Shriram Sharma



Patron & Chief Editor:

Dr. PRANAV PANDYA Chancellor, DSVV

Associate Editor:

Dr. CHINMAY PANDYA Pro-Vice Chancellor, DSVV

Team:

DSVV and PPD DEPARTMENT, SHANTIKUNJ



www.dsvv.ac.in

Contact Us:

Prof. & Head Sukhnandan Singh sukhnandan.singh@dsvv.ac.in

> Dr. Smita Vashishta smita.vashishta@dsvv.ac.in

> > Dr. Ajay Nirala ajay.nirala@dsvv.ac.in







f /dsvvofficial



