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DEV SANSKRITI VISHWAVIDYALAYA



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First award for excellence to DSVV Baltic Center





Gayatri Shaktipeeth Lithuania established by the DSVV & AWGP

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Group from Latin America Visited DSVV

EDITORIAL



The Need to Belong

Since childhood we all have heard and experience that man is a social animal and we all need a group to live with. Groups that constrain us, guide us, and sustain us.

In all our activities we need a group, we learn, work, worship, play all in group and it is our childhood that we are always surrounded with a group. Without working in a group makes life monotonous and lethargy. Even psychologist believes that working in a group increases the efficiency of the people.

Psychologists study groups because nearly all human activities-working, learning, worshiping, relaxing, playing, and even sleeping-occur in groups. The lone individual who is cut off from all groups is a rarity. Most of us live out our lives in groups, and these groups have a profound impact on our thoughts, feelings, and actions.

Studies of ostracism-the

deliberate exclusion from groups—indicate this experience is highly stressful and can lead to depression, confused thinking, and even aggression. Groups usually exist for a reason. In groups, we solve problems, create products, create standards, communicate knowledge, have fun, perform arts, and create institutions,

Groups not only satisfy the need to belong, they also provide members with information, assistance, and social support. Leon Festinger's theory of social comparison suggested that in many cases people join with others to evaluate the accuracy of their personal beliefs and attitudes. Thus this University too is experiencing the nature of working together. Everybody is skillfull and knowledgeable. The practices of performing Yagya together, which is a group activity performed for building universal brotherhood.

The companionship of each

performing Yagya one encourages group to feel connected with the world. Besides this practice Dev Sanskriti promotes another practice in the form of various programmes like plantation drives in the name of 'Taru mitra', where thousands of people in a group do plantations and this pooled work experience makes it easier to tackle a difficult project with different facets. This university have ' swadhaya groups' study activity in a group, which encourages students to study those texts and scripts which talk of those topics which are different from their regular courses.

Thus these practices have increased team productivity, increased the level of innovative ideas,

Group has gained new strengths and skills, and have establishedstrongbonds.

TRANSFORMATION

Award for excellence to Baltic Center

DSVV Baltic center was chosen by the President of Latvia to give first award for excellence. that being given to Prof Auzins, Rector, LU (he has been reelected as chairman of LU) and Mr Gauss, Chairperson of Air Baltic.



One Young World

Res. Pro Vice Chancellor Chinmay Pandaya was one of the Key speakers from India at One Young World Summit. He presented his views on Vedic and Hindu point of view on humanity. He explained how the generation of today is passing through the calamity of consciousness, and the need of hour is to seek change in law, change in the way we think rather fundamental change in the way we think. He focused on the concept that whole world is a family and we have to unite the fiber of every faith.



The annual One Young World Summit convenes the brightest young talent from every country and sector, working to accelerate social impact. Delegates from 190+ countries are counselled by influential political, business and humanitarian leaders. Delegates participate in four transformative days of speeches, panels, networking and workshops. All delegates have the opportunity to apply to give keynote speeches, sharing a platform with world leaders with the world's media in attendance. As well as listening to keynote speakers, delegates have the opportunity to challenge world leaders, interact and be mentored by influences.

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TRANSFORMATION

Gayatri Shaktipeeth Lithuania

We have also established Gayatri Shaktipeeth Lithuania here, which already has more than 100 members.



1st International Conference by WAHA

Dev Sanskriti Vishwavidalaya hosted 1st conference of WAHA .The conference main motive was to bring together Hindu Academician and researchers from all around the world to deliberate and discuss the most pressing issues concerning Hindu Academician. The participants were from Amritanandmayi Math,All world Gayatri pariwaar ,Art of living ,BAPS Swaminarayan Sanstha,Bharat sevashram Sangh,Chinmaya Mission,ISKCON,Ramkrishna Mission,Rashtriya sevayamsevak Sangh,



Vishva Hindu Parishad.Dev Sanskriti Vishwa Vidyalaya was chosen because this university campus is all about a place where spiritual and religious renaissance brings all essence together in the ambience in this university.

Dev Sanskriti Vishwa Vidyalaya is devoted to bringing a renaissance of preservation and propagation of Indian culture with practical knowledge.

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DEPARTMENT'S DIARY

Tourism Day Programe

7 Days training programe was organized by Dept. of Tourism. The theme was "tourism and jobs" and the discussion was based on the theme that how jobs can be provided to the students by the Industry. Various training programs on health tourism, entrepreneurship tourism. Spiritual tourism, Neo tourism, sports tourism, rural tourism were conducted. Besides this various competitions were like organized quizzes. presentations, poster competition, slogan writing, cycle Race, treasure hunt, etc.







World Mental Health Day

World mental health day was celebrated by Dept of psychology and the theme was mental health promotion and suicide prevention. On this occasion Vice Chancellor Shri Sharad Pardhy inaugurated the event and encouraged the participants to participate in



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various awareness programs regarding mental health. On this occasion various events were organized like poster making, slogan writing, Quiz and poetry. In poster making Manaswi Rawat(BRS) bagged the 1st prize, second prize was taken by Aarushi Kaushik(EVS), slogan



writing, 1st prize was bagged by Kajal jain(PG- Clinical Psychology) & 2nd prize by Shivani yadav (PG clinical Psychology). Quiz was won by Courage team and Gautam Angira(BJMC), Manish Chandra(mjmc) won the poetry competition.



DSVV IN GLOBE



Delegates from Lithuania visited DSVV, delegates were from Ramavo community



Agroup from Iran meet Res. Pro Vice Chancellor and shared the views on Indian Culture, Yoga Ayueveda and alternative medicine.

DSVV IN GLOBE



A group from Latin America Visited



Visit to oxford

ACHIEVMENTS

Run for Unity



Run for Unity was organized by students and staff of DSVV. National Unity Day (or Rashtriya Ekta Diwas) was established in India in 2014, when the government proposed celebrating the birthday anniversary of Vallabhbhai Patel, a prominent Indian statesman and leader.

Gayatri Mahayagya



24 kundiya yagya was organized by DSVV staff and students for the success of examinations and to bestow well wishes to students.

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ACHIEVMENTS

Yuva Mahotsav Haridwar



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Media first at akitkara University



students of Dept. allow manipation received 2nd place is most of the competitions





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CELEBRATIONS

Chetna Diwas



GEETA JAYANTI (Birthday of Shraddheya Shail Jiji)



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CELEBRATIONS

Uttrakhand Foundation Day



2nd October celebrated as Swachata day

A cleanliness drive was carried on by the students of DSVV on 2nd Oct. Gandhi Jayanti is a national holiday in India celebrated on 2nd October. This day is celebrated in the honor of the birthday of the Father of the nation, Mohandas Karamchand Gandhi, popularly known as Mahatma Gandhi or Bapuji. Internationally this day is celebrated as the International Day of Non-Violence as Gandhiji was the preacher of non-violence. He is a symbol of peace and truth



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STUDENT CORNER





जोतन अंगिरा, चीएजेएनसी, प्रथम वर्ष (देव संस्कृति विश्वविद्यालय, हरिद्वार)

PRERNA

Yoga teacher, dance teacher, mother, traveller, adventurer, and ex professional athlete. Today she is happily smiling, as she believes that in all this diverse mosaic of selfrealisation she discovered her 'Golden Vein'.

"As I now know, I have been gifted with intuitive intelligence more than a cognitive one. Having been raised as a profesional dancer, with the advice of my parents, I grounded myself in business studies in Vilnius, Lithuania and Germany. I was planning career at one of the largest international companies in the world. This was a smart choice accompanied with as many travels as I could make at that point in my life just to feel alive and evolving. I count around 80 countries visited with my rucksack on the back. Dance was all gone from my life, the only reminder of it was gold medals in European and World championships together with the sports dance team "Zuvedra". It was all great and yet did not feel right. I quit my job and started teaching dance, without much ambition until back in 2012 when I was invited to participate in TV project "Dance with Me' and, together with my celebrity partner Mindaugas Rainys, we won it. To me it was the begining of a new life. Even though I had introduced myself to yoga when I was 23, I only became seriously



interested in it after TV project. I have always felt that creating a physical form through movement takes much more.

As an air sign, I wanted to different experience voga traditions so I chose to study far away from home, mainly in the USA, with diverse teachers. Mark Stephens helped me lay the foundation for yoga practice and Elena Brower tought me how to integrate psychological analysis into physical practice. PHD. A. Wallace helped me in taking a huge step towards meditation, Shiva Rea revealed via her own embodyment of the practice the subtlety of meditation merged with movement. Today, in my personal practice, are included Prana flow yoga and Shamata meditation. I share what I have gone through and what I can recommend without hesitation.

My main activities take place at Milana Dance and Yoga studio. I give lectures at women's conferences, companies, schools and I organise retreats.

Yoga to me is an intimate practise to unflod human potential which I believe is necessary to live ones legacy. I would have never thought that a former dancer would one day be a world citizen, giving speaches on emotional intelligence, teaching yoga, trance dance. So much more to come and uncover as long as we we trust our hearts.



Prof. Marcis Auzinsh University of Latvia

Prof. Marcis Auzinsh is a physicist, currently Professor and head of the Chair of Experimental Physics at the University of Latvia and director of Laser Centre of the University of Latvia. From 2007. till 2015. he was rector of the University of Latvia. His main professional interests lie in the field of quantum physics. Prof. Auzinsh has co-authored more than hundred research papers published in the leading research journals and several hundred conference reports. He also is a co-author of two monographs published at the Cambridge University Press and Oxford

University Press and both has several editions. During his academic career he has worked in many countries - Chine, Taiwan. United States of America. Canada. United Kingdom, Israel and Germany. He has been Royal Society professor visiting at the University of Sussex (UK) and visiting Miller Professor at the University of California in Berkeley.

Besides his professional activities at the administration of the University of Latvia and being internationally renown Physicist - member of European Physical Society, American Physical Society and Institute of Physics (Physical Society of UK) as well as full member of several Academies of Sciences -Academy of Sciences of Latvia, European Academy of Sciences and Arts and Academia Europae, he is known for his public talks about spiritual subject as well.

In the last couple of years he is regularly leading meditation sessions at the National Library of Latvias for general public and teaching extended meditation classes there.



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Dev Sanskriti Vishwavidyalaya Introduces **"Dev Sanskriti Alumni Association".**

Register Here: www.dsvv.ac.in/alumni/



Email: alumni.cell@dsvv.ac.in Room No. 18, 1st Floor, Patel Bhawan Dev Sanskriti Vishwavidyalaya Shantikunj-Gayatrikunj, Haridwar - 249411, Uttarakhand (INDIA)



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"Mahatma Gandhi"



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There is need for an educational institution which could mould its students into noble and enlightened human beings: selfless, warm-hearted, compassionate and kind. -Acharya Pt. Shriram Sharma



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