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Celebrating Mahakumbha 2021 with Yoga and Spirituality

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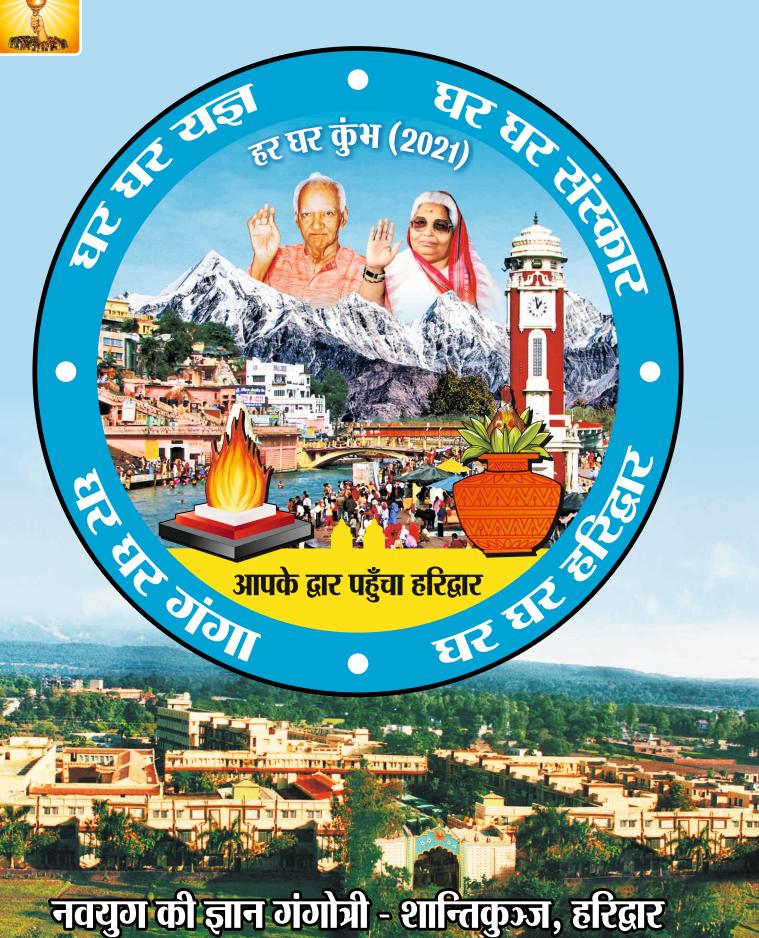
Nirmal Ganga Conclave by USERC & School of TCM, DSVV

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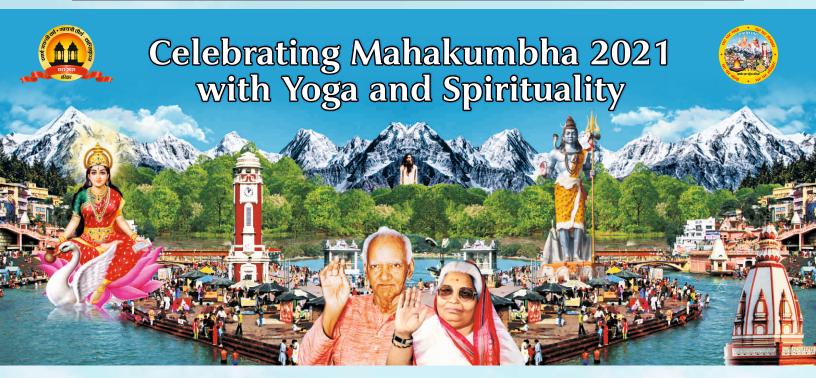


Yagyavalkya Center for Yagya Research Inaugurated





## EDITORIAL



Yoga is the greatest spiritual heritage of Indian culture. It is the core of the Indian culture. Yoga, as a way of holistic living, is India's greatest contribution to the world. Yoga and spirituality reflects through our way of living, our plain living and high thinking, and our faith in the universal brotherhood. It has a greater positive impact on our thinking and behavior and influences almost every aspects of our life. It paves the way for the attainment of the Purushartha chatustya i.e. Dharma, Artha, Kama and Moksha. Every festival of India spreads the fragrance of yoga and spirituality in some form or the other. Every festival has its own science and philosophy. As for the Kumbha Mela, the mythology associated with this grand festival says that

the Deities and the Demons together had churned the ocean. The mountain Sumeru was used as a churning rod in the process. The nectar came out of this churning. Deities and Demons were at war over 'Amrit', the nectar of immortality and it is said that a few drops of the nectar fell at four places - Nasik, Prayagraj, Ujjain, and Haridwar. It is therefore believed that a dip in any of these 4 places, especially during an auspicious time can make one free from the cycles of life and death. 'Kumbh' means 'pitcher', and Mela means gathering. Hence it is the gathering of spiritual aspirants, spiritual seekers, saints, seers, yogis and the common masses, who gather on the bank of the holy rivers to take a dip in the rivers and where the enlightened

yogis share their yogic and spiritual experiences to the true spiritual aspirants for their wellbeing. They reveal the scientific, philosophical and behavioral aspects of Yoga and Spirituality so as to make them get rid of misconceptions about yogic and spiritual practices. This is what makes one lead a pious, peaceful, prosperous and perfect life through spiritual practices and disciplines. The Kumbh is celebrated at every six or twelve years, based on calculated solar cycles. The kumbh Mela spins off on the day of Makar Sankrati. This signifies the uttarayan or the upward movement of the Sun in the northern hemisphere, which was scientifically calculated by the sages over a thousand yrs ago. Scientific and mathematical

calculations confirm that the kumbh is celebrated to match the entry of Jupiter in Aries or Leo and the entry of the Sun and the Moon in the capricon orbit. This planetary alignment is shown to enhance the electro-magnetic field of the earth which in turn biological affects systems. Studies in the area of biomagnetism have shown how human bodies not only emit electromagnetic forces but also respond to charged fields in the environment. This brings us to the realm of faith, meditation and energies. The enlightened yogis spiritually charge the whole atmosphere, enabling and inspiring the masses to lead a pious and peaceful life.

The spiritual aspirants use this environment to have yogic and spiritual practices. No doubt, today the practices of Yama, Niyama, Asanas, Pranayamas, Meditation on the rising Sun, Yoga Nidra, Gayatri Mantra Chanting etc have shown clinical evidences for physical, mental and spiritual well being of the individual. The results have shown improved brain function, concentration, stress reduction, cultivation of enduring personality traits like equanimity and selflessness. The Kumbha symbolizes the very confluences

of the mental, spiritual and wellbeing emotional in а traditional format. The kumbha basically symbolizes the confluences of Gyana (Self-Knowlegde), Karma (selfless action) and Bhakti( devotion to the almighty God) in one's life. This is what is known as the confluences of Upasana. Sadhana and Aaradhana in one's life as per the philosophy of Sri Ram Sharma Acharya, the great seer of this era. Mahakumbh is known as the largest peaceful spiritual gathering in the world. In 2017, UNESCO inscribed the Maha Kumbha Mela on the Representative list of the intangible Cultural Heritage of Humanity. In Mahakumbha 2021 at Haridwar, we have a golden opportunity to take a holy dip in the holy river, Ganges and in the ocean of spiritual wisdom. The All World Gayatri Parivar is celebrating this Mahakumbha 2021 in a unique way by making the holy water of the Ganges reach door to door to the millions of people across the country by its marvelous 'Aapke Dwar Pahucha Haridwar and Ghar-Ghar Ganga Ghar-Ghar Haridwar' campaign. Each one take a holy pledge to live a pious, perfect and benevolent life like the holy Ganges and every home

# EDITORIAL

should be so pious and clean that it could become a dwelling place of God or the gate way to God (Hari ka Dwar). Regular practices spiritual like Meditation on the Rising Sun, chanting of Gayatri Mantra, performing Yagya at home, taking healthy and nutritious studying spiritual diet. scriptures like the Gita, Ramcharitmanas. Vedas. Puranas, Upanishads, literature, biographies and autobiographies of enlightened Yogis like Swami Paramhansa, Ramkrishna Swami Vivekananda. Sri Aurobindo. Sri Raman Maharshi. Paramhansa Yogananda, Yugrishi Sri Ram Sharma Acharya and several others, doing good to others and plantation of eco friendly plants like Neem, Ambla, Tulsi etc around one's surroundings, indeed could make us pure and pious like the Ganges and our homes Haridwar, a pilgrimage. This is what is the great motto and philosophy of this great campaign. Let us celebrate our life like a festival with the spiritual philosophy of the All World Gayatri Parivar. We wish you all a very happy new year 2021.

# TRANSFORMATION

## 37<sup>th</sup> Gyandeeksha Was Conducted

Gyandeeksha was organized for 370 students who took admission to the 37 courses of DSVV. Gyandeeksha is the invocation ceremony for welcoming the new students .On this occasion Hon. Chancellor Dr. Pranav Pandya ji said that the new generation is after package but student of DSVV makes its character strong. On this occasion the chief guest swami Avdeshanand ji Giri of Juna Akhara said that DSVV is playing the role of universities like Nalanda and Takshila, which played the unique role in spreading the Indian culture. The online Gyandeeksha was conducted where students joined the ceremony online.



# **DEPARTMENT'S DIARY**

## Nirmal Ganga Conclave

USERC (Uttrakhand Science Education & Research Center)in association with School of TCM ,DSVV organized a webinar.Prof. Abhay Saxena presented the layout of the webinar and beautifully presented the theme on river Ganges.Res Pro VC sir Dr. Chinmay Pandya shared his views on the scientific and Spiritual aspects of river Ganges. Besides Shri Anand Wardhan, Suresh Nautiyal from USERC ,Dr. Arunesh Parashar who recited poem on Ganges, Dr. Umakant Indolia shared their views on river ganges. The topic discussed in this conclave were importance,research, nirmal ganga abhiyan from shantikunj, bio-diversity,preservation of river Ganges.



## **Mental Health Day**

Mental health day was celebrated online. The chief guests were Dr. Chinmay Pandya, Prof. Ishwar Bharadwaj, Prof. Rajneesh Jain, Dr. Gaurav Agarwal and Dr Swadesh Bhatt. The Coordinator of the dept Dr. Santosh Vishwakarma Informed that tha programmes organized for the participants were article writing, poster making, poem writing.



RENAISSANCE OCTOBER - DECEMBER, 2020

## **DEPARTMENT'S DIARY**

## **Animation Day**

Department of Animation and VFX celebrated World Animation Day. The webinar was organized successfully and among the participants were Ms Neeraja Raj, who shared her views on stop motion movies and talked about Meow which was shortlisted for BAFTA award. Ms Masha, participated who is CEO of Next Curve productions, USA,she shared her views on 3D animation.Mr Bhagat spoke on the career opportunities in this industry. Dr Rishi Acharya, Dean Veda college pune shared his experience in academics field.Mr Vishal Sharma ,FX artist, Technicolor SA, Adelaide Australia shared his experience on dynamics

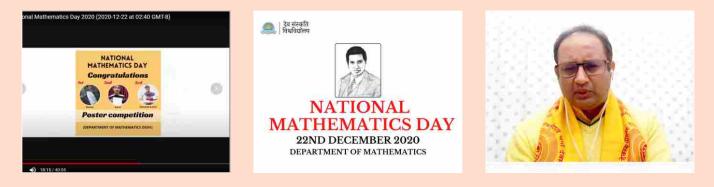


on animation.Mr Shravan Kumar Brigu, CEO Rotout VFX pvt.ltd shared his knowledge on web media and content writing.

#### **Mathematics Day Celebrated**

Mathematics' Day, was celebrated as the birthday of one of the most efficient Mathematician Sir Srinivasa Ramanujan. In this time of pandemic and virtual interaction the student of mathematics department, Dev Sanskriti Vishwavidyalaya celebrated the day.

This event had various competitions as competition leads to innovation. First of all we had poem competition, on the topic "Your journey of maths". In this competition, Ashutosh Kumar got 1st position, Anindhya Kaushik, 2nd and Ankur Agarwal and Sanjana Kavidayal, 3rd. This competition was followed by Poster Competition with the topic "Involvement of Maths in Various Fields of Life". Rishika got 1st prize, Aviral, 2nd and Ashutosh Kumar, 3rd. Succeeded by Debate Competition on the topic, "Is modern mathematics more significant than vedic". And on this TV Debate Nidhi Satija secured 1st prize (against the motion), Ankur Kumar, 2nd prize (favour of the motion) and Ashita Singh, 3rd prize (favour of the motion). An event of mathematics is incomplete without a quiz competition, so last but not the least we had quiz competition and the winners are Aparna Kumari 1st, Satyam Dwivedi, 2nd and Anmol Gupta, 3rd.



## **DEPARTMENT'S DIARY**

## Yagyavalkya Center for Yagya Research Inaugurated

Pandit Shri Ram Sharma Acharya ji considered Brahmavarchas Shodh Sansthan as an epicenter of Science and Spirituality. He revived the ancient Yagya Therapy and termed it as Yagyopathy. Gradually the journey reached DSVV, where research on science of Yagya would be carried out and for which a center was inaugurated. The center was equipped with modern instruments coving various dimensions of Yagya research such as Microbiology, Environmental science, Plant Physiology, Human Electrophysiology, etc. The lab facilities are made available for students and researchers for considering research on such various dimensions. For example, studies would be done to measure the effect of herbal-fumes of Yagya on diseases causing bacteria present in air, water and mud. In addition, detailed studies would be carried out to find the elements present in the herbal-fumes of different herbs, for this a special closed Yagya room is designed in which with the help of air sampler machine the herbal-fumes will be captured. These captured herbal-fumes in solvent will be then evaluated



for finding out details of chemicals and elements present in them using spectrophotometer. Machines like air sampler, rotary evaporator, lyophilizer would be used in the center for conducting research.

Besides this, research at the center would be conducted on more than 30 types of medicated herbal mixtures prepared to be used for Yagya made by the Department of Ayurveda and Holistic Health since 2003. These herbal mixtures are Hawan Samagri and are prescribed to patients based on the type of disease. At the center, the clinical studies would be conducted on various diseases specifically, on Diabetes, High blood



pressure, Thyroid, Arthritis, mental ailments, Cancer and so on. One of the main objectives of this Center is to see the impact of these herbal mixtures (hawan samagris), Mantras and Yagya Urja on the persons who daily perform Yagya and measure changes in their physical, psychological, mental emotional status. Besides on Human Studies, the center would measure the potential application of Yagya in finding solutions to the environmental and agricultural problems and needs. Fulfilling the Journey started at Brahmavarchas Shodh Sandhan, besides the research of Yagya at the Center, DSVV is also publishing, open access, peer reviewed, Journal Interdisciplinary Journal of Yagya Research (IJYR) since 2018 to give a wider platform for disseminating research on the wisdom and science of Yagya.

# CELEBRATIONS

## Chetna Diwas (Birthday of Shraddhey Pranav Pandya Ji)



## GEETA JAYANTI (Birthday of Shraddheya Shail Jiji)



RENAISSANCE *e-newsletter* OCTOBER - DECEMBER, 2020

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## Unemployment due to pandemic • Sweta Gupta (3rd sem B.A JCS)

During the outbreak of this corona virus, many people are suffering from unemployment as they have lost their jobs. Due to this pandemic, many companies have sacked there employs and interns. There is a huge impact on economic condition due to which foreign investment has become less. All the start-ups have shut down. Due to unemployment there is a decrease in GDP rate. According to the Centre for Monitoring India Economy, it is surveyed that 17.7 million salaried jobs were lost in April 2020. An additional 0.1 million jobs were lost in May. Then, 3.9 million jobs were gained in June; additional 5 million jobs were lost in July. India currently has a population of about 137 crore. Of this, about 103 crore are in the working-age, above 15 years. Let us take the broadcast definition of employment to include any kind of paid work, formal, or informal-salary, daily wage or self-employment of any kind. In February 2020, precoronavirus pandemic and national lockdown, about 40.4 crore Indians were employed, as per the CMIE report for the month. At that point, 3.4 crore were unemployed. Due to covid-19, there is a nation-wide shut down. Foreign investors have

seized there work and are not investing currently in our nation. Start-ups which were about to open around the end of the last vear have primarlarily discontinue there work. So all the new employs and interns and some old existing ones are been sacked from their jobs. Many self-employed persons like street vendors may not be left with the capital to restart their businesses. Many famers, including dairy and poultry farmers, may need to shed workers if they fail to get remunerative prices. Due to unemployment, the labourers who used to get fewer wage are getting nothing and now they are suffering in their livings. There in an increase in price for many things and the people without jobs are not been able to purchase goods. Farmers are suffering as the import and export process have been stopped. High unemployment indicates the economy is operating below full capacity and is inefficient that will lead to lower outputs and incomes. Many labourers are roaming in search of jobs, shelters or foods. People who left their homes in search of jobs in urban areas are returning back facing obstacles. But some positive scenario also has been seen. Nowadays, people being busy with their

daily schedule couldn't give time to their families and friends but now they are spending time with their families and making their relationships stronger. They have started giving the time to themselves. If something negative is happening then also one should try to find the positive aspects into it. Every problem has a solution and everyone should try to find the solution instead of regretting or cursing the time. Today many of the companies have started work from home also. People are getting opportunities to try something else and government has also helped many people by providing them foods and money. So every person has to stay with patience and accept the reality and face it so that the government and the citizens should find out the





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Patron & Chief Editor: Dr. PRANAV PANDYA

Associate Editor: Dr. CHINMAY PANDYA

Team: DSVV and PPD DEPARTMENT, SHANTIKUNJ

Contributers: Sweta Gupta (3rd sem B.A JCS)

#### **Contact Us:**

Prof. & Head Sukhnandan Singh sukhnandan.singh@dsvv.ac.in

> Dr. Smita Vashishta smita.vashishta@dsvv.ac.in

> > Dr. Ajay Nirala ajay.nirala@dsvv.ac.in



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